

SUPPORT GROUP ZOOM MEETINGS CALENDAR

Please contact support group leader for directions for logging into the meeting.

<p><b>Benicia Support Group</b>  <b>LeeAnn Cawley</b>  <a href="mailto:leeann.cawley@gmail.com">leeann.cawley@gmail.com</a>                  Phone (707) 334-0077</p>	<p>2<sup>nd</sup> Saturday of each month                  10am-12:00 via zoom</p>	
<p><b>Davis Support Group</b>  <a href="mailto:smcurry@sbcglobal.net">smcurry@sbcglobal.net</a></p>	<p>Third Thursday each month,                  1:30 pm – 3 pm</p>	<p>The Davis group will not meet in August, but will resume in September</p>
<p><b>Elk Grove Support Group</b>                  Myron Jantzen:  <a href="mailto:mpjantzen@aol.com">mpjantzen@aol.com</a></p>	<p>Third Wednesday each month                  10:00 - 11:30 am</p>	
<p><b>Lewy Body Support Group for care Partners</b>                  Denise Davis:  <a href="mailto:denise.davis@alz.org">denise.davis@alz.org</a>                  1 -800-272-3900</p>	<p>2<sup>nd</sup> Thursday each month.                  10 - 11:30am</p>	
<p><b>Napa Young Onset Support Group</b>                  Colleen Winters:  <a href="mailto:cfwinters@yahoo.com">cfwinters@yahoo.com</a></p>	<p>Third Sunday each month, 3 - 4 pm</p>	
<p><b>Redding Parkinson Support Group</b>                  Kim Hawkins:  <a href="mailto:ricket2010@gmail.com">ricket2010@gmail.com</a></p>	<p>Zoom 2<sup>nd</sup> Friday 12:00 - 1:30 pm                  1st and 3rd Friday coffee in the park                  Enterprise Park in Redding 9:30 to 11 am</p>	<p>First Friday: Open discussion                  Fourth Friday: Discussion about a webinar sent out that week</p>
<p><b>Sacramento Natomas Parkinson's Support Group</b>                  Irene Duggan:  <a href="mailto:parkinsons1018@gmail.com">parkinsons1018@gmail.com</a>                  916-710-6912</p>	<p>Second Thursday each month 10 a.m.</p>	
<p><b>Sacramento/Carmichael Young Onset Support Group</b>                  Mary Beth Arjil 530-409-4118  <a href="mailto:marjil@sbcglobal.net">marjil@sbcglobal.net</a>                  Tony Wong 916-730-6303  <a href="mailto:acwong60@gmail.com">acwong60@gmail.com</a></p>	<p>First Wednesday of the month                  6:30 pm via zoom</p>	
<p><b>Sonoma County Parkinson's Support Group</b>                  Marc Alexander:  <a href="mailto:malexander109@comcast.net">malexander109@comcast.net</a>                  Nancy Wilson:  <a href="mailto:nlwilson.41@gmail.com">nlwilson.41@gmail.com</a></p>	<p>Second Saturday each month, 1 p.m.                   First hour devoted to a featured speaker; second hour is breakout groups.</p>	<p>October 12: Steve Blake, Nutritional Biochemist - Nutrition in PD</p>
<p><b>Woodland Support Group</b>                  Bernadette Murray:  <a href="mailto:bemurray2008@gmail.com">bemurray2008@gmail.com</a>                  530-405-9924</p>	<p>2<sup>nd</sup> and 4<sup>th</sup> Tuesdays each month                  1:00 to 2:20 pm via zoom</p>	<p>Tuesday Sept 22 1:00-2:30 pm                  RSVP call or email Bernadette</p>