

SUPPORT GROUP ZOOM MEETINGS CALENDAR

Please contact support group leader for directions for logging into the meeting.

<p>Benicia Support Group Brad Miller 707-515-9216 bradfordmiller807@gmail.com</p>	<p style="color: red;">Zoom 2nd Saturday, 10 AM to 11:30</p>	
<p>Chico Parkinson Support Group Terry Donnelly (650)743-6871 tmdonnelly68@gmail.com Bob Murray (530) 321-6157 ordferry@yahoo.com</p>	<p style="color: red;">Zoom, 1st and 3rd Wednesdays each month 1:00 pm to 2:30 pm</p>	
<p>Folsom/El Dorado Hills Support Group Donna Rixmann 916-712-9642 donna@yogapeace.net</p>	<p style="color: red;">2nd Thursday 1:30-2:30 pm. via Zoom</p>	<p style="color: red;">4th Monday in Person</p>
<p>Gold River-Lewy Body Support Group for Care Partners Denise Davis: 800-272-3900 denise.davis@alz.org</p>	<p style="color: red;">Via Google meet 2nd Thursday each month. 10 - 11:30am</p>	
<p>Modesto Support Group Beth Bollinger (209) 668-9434 Email: sdboyandcagirl@hotmail.com</p>	<p style="color: red;">Zoom 3rd Wed. from 1:30-3:30 p.m</p>	
<p>Redding Parkinson Support Group Kim Hawkins: 530-945-7628 Kim.reddingpsg@gmail.com</p>	<p>Coffee in the Park 1st and 3rd Friday, 9:30 to 11:00 am Meeting via Zoom-2nd Friday, 12:00-1:30 pm</p>	
<p>Sacramento Caregivers Lunch Bunch* Gain Saetern 916-728-9333 gsaetern@deloro.org</p>	<p style="color: red;">Zoom 3rd Tuesday 11:00 am to 1:00 pm</p>	
<p>Sacramento/Carmichael Young Onset Support Group Mary Beth Arjil 530-409-4118 marjil@sbcglobal.net Tony Wong 916-730-6303 acwong60@gmail.com</p>	<p style="color: red;">Zoom 1st Wednesday of the month 6:30 pm</p>	
<p>Sacramento Post DBS Group Email: HS-DBS@ucdavis.edu</p>	<p style="color: red;">Zoom See class schedule, zoom contact information at https://www.panctoday.org/support-groups.html</p>	
<p>Sonoma County Parkinson's Support Group Mark Alexander: 707-431-8767 malexander109@comcast.net Tess Lorraine: 707-363-7936 or tesslorraine@me.com</p>	<p style="color: red;">Zoom 2nd Saturday each month, 1 p.m. First hour devoted to a featured speaker; second hour is breakout groups.</p>	<p>Also Many other classes by zoom/online Info on website www.parkinsonsonomacounty.org</p>

