



PARKINSON ASSOCIATION of Northern California

BUILDING COMMUNITY FOR THE JOURNEY

PANC President's Points 2021 - Support Groups/Executive Director Recruitment/ Summer-Fall Events/Rural Outreach/Director Paul McCarthy

Hello PANC Community and we hope you enjoyed your 4th of July holiday!

A couple of quick updates for you, with an invitation to contact the PANC office if you are interested in other topics, issues, ideas that we may be of assistance.

+ As COVID vaccinations continue to increase and public health restrictions are eased, PANC will be encouraging Support Groups to actively reach out and invite the community to reconnect, re-engage, and revitalize. Many Support Groups have stayed connected, and others will need to get re-introduced to share the support needed during this recovery.

+ PANC continues to search for an Executive Director, and we have adjusted the compensation package to address the job market competition.

+ PANC has big events in the next few months: Support Group Facilitator's Workshop in August (3, 6, 7); Cancel Out Parkinson's (COP) Walk on September 18, and Annual Conference on October 23 - join us for these great community events!

+ PANC continues a partnership with a generous grant from the Parkinson's Foundation (PF) to expand support group services throughout Northern California, including the Spanish-speaking community. If you are aware of groups or individuals in the rural parts of Northern California impacted by Parkinson's disease, please ask them to reach out to the PANC office so we can engage them in this project.

+ From the PANC Board of Directors - A special thank you for service to PANC Board Director Paul McCarthy who has moved to Henderson, Nevada. Paul's dedication to teaching and inspiring exercise courses and lessons for People with Parkinson's (PwP) has been a wonderful gift to PANC and many of you. You know when Paul is in the room when you hear a very enthusiastic, "POWER UP!", and we hope Paul will be able to continue his support virtually and physically to the PwP community.

Hope to see you all (in person) soon and thank you for supporting PANC and the great work and inspiration of the PwP community and care partners.

Sean Tracy

Sean Tracy, PANC President
July 2021