

SUPPORT GROUP ZOOM MEETINGS CALENDAR

Please contact support group leader for directions for logging into the meeting.

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| <p>Benicia Support Group Brad Miller 707-515-9216 bradfordmiller807@gmail.com</p> | <p>Zoom 2nd Saturday, 10 AM to 11:30</p> | |
| <p>Chico Parkinson Support Group Terry Donnelly (650)743-6871 tmdonnelly68@gmail.com Bob Murray (530) 321-6157 ordferry@yahoo.com</p> | <p>Zoom, 1st and 3rd Wednesdays each month Beginning in Nov 2020</p> | |
| <p>Davis Support Group Susan Curry smcurry@sbcglobal.net</p> | <p>Zoom 3rd Thursday each month, 1:30 pm – 3 pm</p> | |
| <p>Elk Grove Support Group Myron Jantzen: mpjantzen@aol.com</p> | <p>Zoom 3rd Wednesday each month 10:00 - 11:30 am</p> | |
| <p>Folsom Support Group Donna Rixmann 916-712-9642 donna@yogapeace.net</p> | <p>Zoom every Thursday 1:30 to 2:30 PM</p> | |
| <p>Gold River-Lewy Body Support Group for Care Partners Denise Davis: 800-272-3900 denise.davis@alz.org</p> | <p>Via Google meet 2nd Thursday each month. 10 - 11:30am</p> | |
| <p>Napa Young Onset Support Group Colleen Winters: cfwinters@yahoo.com</p> | <p>Zoom 3rd Sunday each month, 3 - 4 pm</p> | |
| <p>Redding Parkinson Support Group Kim Hawkins: 530-945-7628 Kim.reddingpsg@gmail.com</p> | <p>Coffee in the Park 1st and 3rd Friday, 9:30 to 11:00 am Meeting via Zoom-2nd Friday, 12:00-1:30 pm</p> | <p>1st Friday: Open discussion 4th Friday: Discussion about a webinar sent out that week</p> |
| <p>Roseville (West) Support Group Ken Fujino (916) 474-4788 cell (360) 461-3489 kfujino1@msn.com</p> | <p>Zoom 4th Tuesday of each month at 11:00 am</p> | |
| <p>Roseville Support Group Shelly Butler 916-837-3366 sbutler7221@comcast.net</p> | <p>Zoom -1st Tuesday 1:30-3:00 pm</p> | |
| <p>Sacramento-Arden Arcade Area Keith Tronson 916-395-2771 keithtronson@sbcglobal.net Jim Morris at 916-359-4859 jimor1940@gmail.com</p> | <p>Zoom 3rd Thursday @ 10:00 a.m.</p> | |
| <p>Sacramento Caregivers Lunch Bunch* Gain Saetern 916-728-9333 gsaetern@deloro.org</p> | <p>Zoom 3rd Tuesday 11:00 am to 1:00 pm</p> | |

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| <p>Sacramento/Carmichael Young Onset Support Group Mary Beth Arjil 530-409-4118 marjil@sbcglobal.net Tony Wong 916-730-6303 acwong60@gmail.com</p> | <p>Zoom 1st Wednesday of the month 6:30 pm</p> | |
| <p>Sacramento Natomas Parkinson's Support Group Irene Duggan 916-710-6912: parkinsons1018@gmail.com</p> | <p>Zoom 2nd Thursday each month 10 a.m.</p> | |
| <p>Sacramento Post DBS Group Email: HS-DBS@ucdavis.edu</p> | <p>Zoom See class schedule, zoom and contact information at www.panctoday.org/support-groups.html</p> | |
| <p>Sonoma County Parkinson's Support Group Mark Alexander: malexander109@comcast.net Nancy Wilson: nlwilson.41@gmail.com</p> | <p>Zoom 2nd Saturday each month, 1 p.m. Info on website www.parkinsonsonomacounty.org First hour devoted to a featured speaker; second hour is breakout groups.</p> | <p>October 12: Steve Blake, Nutritional Biochemist - Nutrition in PD Also Many other classes by zoom/online</p> |
| <p>Woodland Support Group Bernadette Murray 530-405-9924 bemurray2008@gmail.com</p> | <p>Zoom 2nd and 4th Tuesdays each month 1:00 to 2:30 pm</p> | <p>RSVP call or email Bernadette</p> |